



**JANUARY**  
2024



**Great Harvest Bread Co.®**

*Baked Daily:* 🌾 Honey Whole Wheat    Old-Fashioned White    Apple Scrapple

**TUESDAY**

🌾 Mediterranean Olive  
🌾 Orange Cranberry  
Spinach Feta

**WEDNESDAY**

🌾 Dakota  
🌾 Raisin Cinna-Walnut  
Challah

**THURSDAY**

🌾 Sunflower Crunch  
Guinness and Gouda  
French Toast  
Gluten X (Plain OR Cinn Chip)

**FRIDAY**

🌾 Woodstock  
Cinnamon Chip  
Challah  
King Cake

**SATURDAY**

🌾 Hi-5 Fiber  
White Choco Fruit Swirl  
White Cheddar Garlic

**SWEETS**

**COOKIES**

Daily: Double Choc Chip  
Daily: Oatmeal Raisin  
Wed: Salted Caramel  
Sat: Butterscotch Kiltlifters

**SCONES**

Daily: Blueberry & Cinnamon Chip

**MUFFINS**

Tues: Pumpkin Chocolate Chip  
Wed: 🌾 Whole Wheat  
(3<sup>rd</sup>) Carrot Raisin Walnut  
(10<sup>th</sup>) Morning Sunrise  
(17<sup>th</sup>) Blueberry  
(24<sup>th</sup>) Strawberry Chocolate Chip  
(31<sup>st</sup>) Peach Blueberry  
Thurs: Coconut  
Fri: Chocolate Surprise  
Sat: GlutenX

**TEA LOAVES**

Tues: Coconut Walnut  
Wed: Chocolate Brownie Loaf  
Thurs: Cappuccino Chocolate  
Fri: Pumpkin Spice (plain/choc chip)  
Sat: Banana Bread (plain/choc chip)

**BARS**

Tues: Gluten X Brownie  
Wed: Lemon Poundcake  
Thurs: Savannah  
Fri: Blueberry Streusel  
Sat: Gooley

**SPECIALTY ITEMS**

**RYE TUESDAYS**

Jan 2<sup>nd</sup> — Pumpernickel  
Jan 9<sup>th</sup> — Swedish Rye  
Jan 16<sup>th</sup> — Onion Dill Rye  
Jan 23<sup>rd</sup> — Swedish Rye

Tues & Thursday: Sourdough  
Wed: Pretzels (Salt & Cinnamon)  
Fri: Cheezy Cornbread

**KING CAKES**

The Mardi Gras celebration began in New Orleans in 1837. The carnival season starts on Jan 5, the day when the Magi were said to have visited the baby Jesus, and ends on “Fat Tuesday”, the day before Lent begins.

No Mardi Gras celebration is complete without a King Cake, a circular cake with a hole in the middle, representing the circular route the kings took to prevent King Herod from finding baby Jesus.

Traditionally, a King Cake is baked with a small plastic baby hidden inside. The person who gets the baby in their piece is expected to provide the next cake (or throw the next party). Get in on the excitement! Come on in & taste a piece of our King Cake—get hooked!

**BAKED FRIDAYS STARTING JAN 5<sup>TH</sup>**  
**ORDERS RECOMMENDED!!**

**NEW YEAR, NEW YOU!**

**LET GREAT HARVEST HELP YOU WITH A HEALTHY WHOLE-GRAIN BREAD!**

Whole grain breads have been attributed to helping individuals:

**WEIGH LESS.**

Whole-grain foods are digested slowly, making us feel “fuller” longer, shutting down hunger sooner, and reducing calorie intake.

**BE HEALTHIER.**

Whole-grains are rich in fiber, vitamins, trace minerals, antioxidants, & phytochemicals. Proven to help fight heart disease and cancer.

**LIVE LONGER.**

Whole grains have been shown to significantly reduce the risks of cancer, heart disease, gastrointestinal disorders, and Type 2 diabetes.



= 100% whole grain using hand-selected non-GMO wheat, which we freshly grind daily in the Herndon bak-



GreatHarvestHerndonViennaAshburn



greatharvestbreadva



darngoodbread.com

**HERNDON:** 785 Station Street • Herndon VA • 20170 • 703-471-4031

**Tues-Fri** 7:00-6:30 **Sat** 7:00-5:00

**VIENNA:** 136 Church Street NW • Vienna VA • 22180 • 703-938-0921

**Tues-Fri** 10:00-6:00 **Sat** 10:00-5:00

**MARKETS:** **Wed** 3:00-7:00 11900 Lawyers Rd • Reston

**ASHBURN:** **Sat** from 9 AM to 1 PM One Loudoun Farmer's Market

**Sun** from 9 AM to 1 PM Brambleton Farmer's Market